



TALLAHASSEE YOUTH FIND A NEW PATH WITH

TEMPO

One of our community's most vulnerable populations are youth ages 16-24 who are not in school and out of work. These young men and women who have fallen in the gap are the focus of the City's groundbreaking Tallahassee Engaged in Meaningful Productivity for Opportunity (TEMPO) youth program. This program is part of the City Commission's priority focus on public safety, addressing the impact of poverty, economic development and quality of life.

Through the TEMPO program, the City is helping these youth by connecting them to valuable resources, including life coaching and mentoring, education and career training and local support options, such as childcare providers, self-help organizations and more. With customized progress plans, case managers help TEMPO participants achieve success, thereby becoming thriving individuals who in turn help themselves, their families and our community.

Recently, 34 inspirational individuals graduated from this program, becoming

the largest cohort to do so. These graduates were recognized by the Mayor and City Commissioners for learning new skills and applying themselves in ways they never imagined they could, be it earning their GED or landing a job to help feed their families.

Since the TEMPO program launched, City staff working as case managers have actively engaged with 1,050 of our community's "disconnected" or "at-risk" youth. According to data, disconnected youth have the greatest potential of becoming an offender or being a victim of gun violence. In coordination with the Tallahassee Police Department, Parks, Recreation & Neighborhood Affairs and many other City departments, the TEMPO program provides a different path and maintains 0% recidivism among participants.

If you or someone you know may be interested in participating in the TEMPO program, please visit Talgov.com or call the City's Department of Community Services at (850) 891-8722.

MEETINGS IN SEPTEMBER

Visit Talgov.com for the current list of Tallahassee City Commission, Community Redevelopment Agency, Capital Region Transportation Planning Agency and Blueprint Intergovernmental Agency meetings and workshops.

Call the Department of Communications at 891-8533 for more information and view the current meeting agendas online at Talgov.com. Follow @CityofTLH on Twitter for City news.



REPORT REAFFIRMS HIGH QUALITY DRINKING WATER

Recently, the City released its 2020 Water Quality Report, and once again, results show that the quality of the City's drinking water surpasses all regulations set by state and federal agencies.

To maintain the highest drinking water quality, the City operates a nationally recognized, certified laboratory, which performs water quality analyses with much greater frequency than required by governmental regulations. To read the 2020 Water Quality Report, visit Talgov.com.



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WEEMS ROAD EXTENSION OPENS

To help enhance traffic flow in the area surrounding one of Tallahassee's busiest intersections, the City recently completed the Weems Road Extension. As of late last month, Weems Road now extends north of Mahan Drive to Capital Circle NE via a connection at Automotive Way. This infrastructure investment is designed to help alleviate traffic congestion near the intersection of Mahan Drive and Capital Circle NE. The two-lane road features a 350-foot bridge, landscaping and a 10-foot-wide trail that will ultimately provide connectivity to Goose Pond Trail in Tom Brown Park – making this new thoroughfare one that can be enjoyed by motorists, cyclists and pedestrians alike.



SENIOR CENTER OFFERS VIRTUAL EXERCISE CLASSES

Physical exercise is essential for your overall well-being. To keep up with your exercise routine during COVID-19, consider taking a virtual class with the Tallahassee Senior Center. Classes like Mindful Movement, Gentle Yoga and Stretch & Flex will help keep you moving no matter your age. You can tune into these free exercise classes by visiting the Senior Center's Facebook and YouTube pages. You can also watch on WCOT (Comcast and CenturyLink channel 13) at 9 a.m. on Mondays, Wednesdays, Fridays and Saturdays.

For all City of Tallahassee utility related inquiries, please call 891-4968 or visit Talgov.com.

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INSIGHT is published monthly to inform citizens about City services and related terms of interest. If you require an accommodation because of a disability in order to participate in a program, service or activity, please contact the appropriate City department. For persons using a TDD, please call 711. Requests should be made at least seven hours in advance. Sign language interpreters require 10 days advance request.

Sustainability Tip

Greening your laundry is as easy as hitting the cold water button and drying your clothes on a rack instead of in a machine.



SMART PREP FOR SENIORS

Hurricanes and other natural disasters present many challenges, and how you prepare should reflect your lifestyle and stage of life. Here are three tips to help local seniors build their disaster supplies kits:

- Store supplies in easy-to-carry containers. You may want to consider using containers with wheels.
- Label equipment, such as wheelchairs, canes or walkers, with your name, address and phone number. Keep a list in your kit of the type and model numbers of the medical devices you require.
- Learn about your doctor's and pharmacy's emergency plans and work with them to identify back-up service providers. Be sure to make provisions for medications that require refrigeration or devices that require electricity.

Everyone's situation is unique, so your kit and plan will be, too. Discuss hurricane preparedness with your family, friends and neighbors. Simple steps can make weathering the storm easier and safer for seniors. Learn more at Talgov.com.

